

Guidance for Children/Staff who are High Risk Contactsof a Confirmed Positive COVID-19 Case

***Children/staff who are high-risk contacts (HRC) of a positive COVID-19 case will receive a call from Timiskaming Health Unit with guidance and directions.**

Purpose: To be used when anyone in the household receives notification from Public Health that they are a high-risk contact (HRC) of a confirmed COVID-19 case. All HRC must self-isolate immediately.

Resources: [COVID-19: How to Self-Isolate](#) & [COVID-19: Self-isolation: Guide for Caregivers, Household Members and Close Contacts](#)

If HRC individual has symptoms

- HRC must remain home and self-isolate for **14 days** from last exposure/contact with positive case.
- HRC is recommended to go for COVID-19 testing immediately.
- Follow the direction provided by Timiskaming Health Unit about when they can return to school/childcare/work.
- Must be able to pass screening tool before returning.

Any household members of a symptomatic HRC must also self-isolate until a negative test result returns for the symptomatic individual.

Please note: household members who are unable to isolate from the HRC (i.e. due to age of child, layout of house, etc.) must self-isolate for the 14 days as well and cannot leave for essential reasons

If HRC individual does not have symptoms

- HRC must remain home and self-isolate for **14 days** from last exposure/contact with positive case.
- HRC is recommended to be tested for COVID-19 as soon as possible.
- Follow the direction provided by Timiskaming Health Unit about when they can return to school/childcare/work.
- Must be able to pass screening tool before returning.

Any household members of an asymptomatic HRC must stay home for the duration of isolation period except for essential reasons (school/childcare/work/groceries/medical).

Please note: household members who are unable to isolate from the HRC (i.e. due to age of child, layout of house, etc.) must self-isolate for the 14 days as well and cannot leave for essential reasons.

If HRC individual tests positive for COVID-19

- HRC who tested positive for COVID-19 must follow directions from Timiskaming Health Unit (i.e. self-isolate for 10 days from symptom onset [or test date]).

Any household members of a HRC who tests positive for COVID-19 must self-isolate for 14 days from last exposure/contact with the individual who tested positive.

Household members are recommended to be tested for COVID-19 as soon as possible, and if they receive a negative test result, they must continue to isolate.